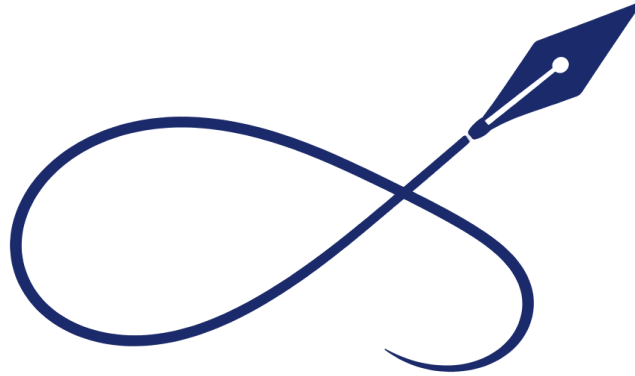


FREE SAMPLE COPY



Handwriting 30

Can everyone read what you write?

*A 7-page taste of the 30-day handwriting workbook.
Grab a pen. It takes about 15 minutes.*

Five jolly boxers quickly zipped past the warm Ganga ghats.

Five jolly boxers quickly zipped past the warm Ganga ghats.

1 Take the check-up

A 60-second test of your own handwriting. Page 3.

2 Try real practice

A genuine sheet from Day 1. Page 4.

3 Play the games

Rewrite the scribble, win the word chain. Page 5.

WHY IT MATTERS

Your handwriting speaks before you do.

Every day, someone reads what you wrote: an examiner, a bank clerk, a teacher, a customer, a grandparent. They cannot ask you what you meant. The page has to say it for you.

In the exam hall

An answer that cannot be read cannot be marked. Clear writing keeps every mark you earned.

At the bank, the office, the form

Unclear letters and numbers get misread, and forms come back. Neat boxes, clear digits, no second trip.

At home

A birthday card, a note to your child, a recipe passed down. A hand that is a pleasure to read.

One workbook. Four tracks. Pick the one that is yours.

Exam track

Students writing against the clock: speed ladders, answer-sheet practice, stamina blocks.

Work & Forms track

Clear capitals, numbers and form boxes for applications, registers and bank slips.

Personal track

Handwriting you are proud of: letters, cards, journals, a signature with character.

Comfort track

Larger writing lines and gentler pacing for seniors, tired hands and slow starters.

Handwriting is a skill, not a gift.

Like cycling, it gets better with short, daily, well-guided practice.

TRY IT NOW

The 60-second check-up

This is Day 0 of the real workbook. Use your normal pen and write the way you always write.
Do not try to be neat. We want the honest version.

Step 1. Copy this sentence twice:

Five jolly boxers quickly zipped past the warm Ganga ghats.

Time yourself. Seconds taken: _____

Step 2. Look at your lines. Tick what is true:

- ☐ Most letters sit on the line, not above or below it.
- ☐ Letters that should be the same size look the same size.
- ☐ The gaps between words are about equal.
- ☐ Capital letters are clearly different from small ones.
- ☐ A friend could read it aloud without asking you a single question.

Step 3. Count your ticks:

0-2

Most to gain

Great news: almost every sheet in the workbook is aimed at you.

3-4

A solid base

A few habits are holding you back.
We find them in 30 days.

5

Strong already

Now go for speed and style. Your tracks have a stretch goal.

Keep this page. In the full workbook you repeat this check on Day 15 and Day 30, and see the difference in your own writing, side by side.

Warm-up strokes

Before any letter, the hand learns shapes. Trace the grey ones, then carry on to the end of the line. Smooth and even matters more than fast.

Round, anticlockwise (the start of c, o, a)



Arches (n, m, h)



Cups (u, w)



Waves (joins and links)



Zigzags (v, w, z)



Tall loops (l, h, k)



Before you start, sit like a writer:

- Both feet flat. Back tall, but relaxed.
- Paper tilted a little. Other hand holds it still.
- Hold the pen loosely. If your knuckles are white, ease off.
- Move from the arm, not only the fingers.

Two games to try tonight

1 Rewrite the scribble

Someone left these notes on your desk. Can you read them? Write each one again, clearly, on the line below. Then ask: how long did it take you to decode?

Meet me at nine o'clock

Bring the minimum amount

Learn unit one by Monday

Uncle will call you now

2 The word chain

Each new word must start with the last letter of the one before. Write slowly and clearly in the boxes. Beat your friend: first to fill all six wins.

write

Full workbook: 15+ activity sheets, including calligraphy bonus pages.

THE FULL JOURNEY

Thirty days. Twenty minutes a day.

No app. No screen. Just a pen, paper and a plan that tells you exactly what to do each day.

1

Know
Day 0

Profile and 3 tests. Find your Top 3 weak spots.

2

Set up
Days 1-2

Warm-up, arm movement, test three pens.

3

Build
Days 3-10

Strokes, letters, look-alikes.

4

Flow
Days 11-21

Words, spacing, rhythm, joins.

5

Speed
Days 22-28

Speed ladder, stamina, real tasks.

6

Prove
Days 29-30

Re-test, before-and-after page, certificate.

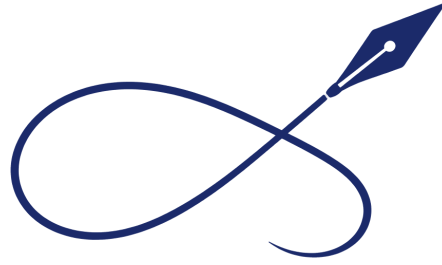
What you get in the full workbook

- 43 pages, with up to about 100 printable practice sheets
- A daily plan and tracker, so you never wonder what to do next
- Four tracks: Exam, Work & Forms, Personal, Comfort
- Three tests, a score sheet, a before-and-after page
- Look-alike letter drills, form boxes, speed and stamina sheets
- Fun facts, bonus calligraphy pages, a certificate at Day 30

Your first day is already ticked.

Colour in a box for every day you practise. Day 1 starts with the warm-up you just saw.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30



Handwriting 30

Pass it on. Someone you know needs this.

The student who loses marks for “unclear writing”. The child whose notes even she cannot read. The friend with “doctor’s handwriting”. A parent who wants to write like they used to.

DIGITAL COPY

51

PDF. Print at home, as many sheets as you need.

- Instant access to the full workbook
- Print only the sheets you want
- Needs only an A4 printer and a pen

PRINTED COPY

999

+ ₹99 delivery. Ready to write in.

- The full set, printed and bound
- Delivered to your door in India
- A gift that is easy to give

Cut out along the dotted line and give it to a friend

I challenge you: 30 days to a clearer hand.

Twenty minutes a day. A pen and paper. Nothing else.

From: _____

To: _____

Get your copy: handwrite30@gmail.com

Write to handwrite30@gmail.com with your name, city and which copy you would like.

We will reply with the next steps.